

Office of Care & Civility  
**World Well-being Week 2020**



**Thursday June 25th**  
**Financial Health**

It's easier to focus on other dimensions of wellness when you feel financially stable. Take some time today to focus on your financial well-being!



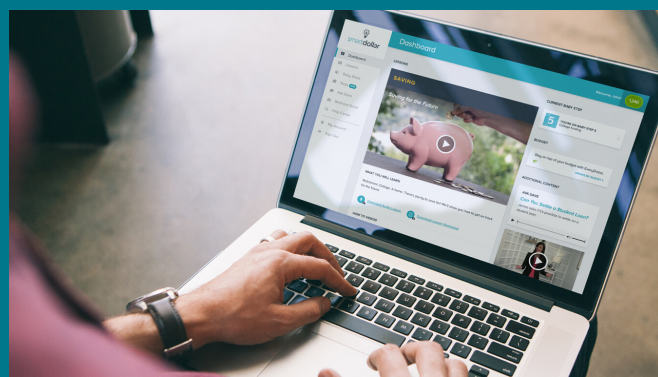
**TED TALK:**

"Break the Social Taboo About Money and Improve Financial Wellness" by Jason Vitug

**SMARTDOLLAR:**

The SmartDollar financial wellness program is available at no cost for employees and students.

Sign up today!



**STUDENT ASSISTANCE FUND:**

If you are a student experiencing temporary financial hardship, you can apply for the Student Assistance Fund (SAF).

**RESOURCES:**

Check out the Financial Aid Office's resource page and make a personal finance goal!

