

**Teresa Wagner, DrPH, MS, CPH, CPPS, RD/LD, CHWI, DipACLM, CHWC**  
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## **EDUCATION**

**AIM AHEAD Leadership Fellowship Program, AI/ML in Health Disparities,**  
September 2022-June 2023, National Institutes of Health

**Certified Professional in Patient Safety Training Program**  
February 2020-March 2020, TCOM Department of Medical Education

**Geriatric Practice Leadership Institute, Health Literacy**  
September 2019-October 2021, TCOM Department of Internal Medicine & Geriatrics

**STAR Fellowship Program, Health Literacy,**  
October 2017-June 2020, Texas Center for Health Disparities

**Doctor of Public Health,** December 2015  
UNT Health Science Center, Fort Worth, TX

**Residency, Health Literacy,** June 2015-December 2015  
UT Austin, Center for Health Communication

**Master of Science,** General Nutrition, 1990  
Texas Woman's University, Denton, TX

**Bachelor of Science,** Dietetics, 1986  
Texas Christian University, Fort Worth, TX

## **PRESENT POSITIONS**

**Assistant Professor,** Department of Personalized Health & Well-Being  
University of North Texas Health Science Center, School of Health Professions,  
Fort Worth Texas, September 2019-present

**Assistant Professor,** School of Public Health  
Fort Worth Texas, July 2020-present

- Teach: Health Literacy & Communication and Lifestyle Medicine
- Conduct grant-funded population health programs and research.
- Develop & Teach CHW/CHWI continuing education programs & self-learning modules.

**Interim Director, SaferCare Texas**  
August 2022-present

- Developed Strategic Plan & Executed programs based on SaferCare Texas mission (research, teaching, patient care).
- Hired & Trained Entirely New Staff
- Manage 1.6 million dollar budget.

**Clinical Executive for Health Literacy, SaferCare Texas**  
September 2019-present  
(formerly Senior Fellow, March 2017-Aug 2019)

- Provide expertise in health literacy, communication and maternal health to improve patient safety.
- Contribute to the SaferCare Texas mission (research, teaching, patient care).
- Collaborate in population health research & process improvement projects.
- Serve as Principle Investigator (PI)/Co-PI on SaferCare Texas projects.
- Six Sigma Green Belt Trained

**Director, Texas State Certified CHW/CHWI Training Center**

June 2018-present

- Provide continuing education for CHWs and CHWIs
- Provide state certification training for CHWs and CHWIs

**Fellow, UNTHSC Institute for Health Disparities**

January 2018-present

- Conduct grant-funded Women's Health disparities research.
- Served as Inclusive Participation lead for Texas CEAL Program (Covid-19 Vaccine Uptake).

**PAST TEACHING EXPERIENCE**

**Assistant Professor, Department of Health Education**

University of North Texas Health Science Center, School of Public Health,  
Fort Worth Texas, September 2017-August 2019

- Taught: Maternal Child Nutrition and Food Safety: Farm to Fork
- Oversaw MPH Maternal Child Health Concentration Majors
- Provided administrative expertise in competency alignment and development of comprehensive student practice experience including community engagement.
- Served as online student advisor, project mentor and oversaw skill development.
- Conducted grant-funded research.

**Adjunct Assistant Professor, Department of Health Behavior and Health Systems**

University of North Texas Health Science Center, School of Public Health,  
Fort Worth Texas, September 2015-September 2017

- Dean's Office Faculty Development for the Associate Dean for Academic Affairs
- Dean's Office Community Engagement/Student Practice Placement for the Associate Dean for Community Engagement & Health Equity
- Taught: Maternal Child Nutrition and Taught Food Safety: Farm to Fork

**Adjunct Clinical Assistant Professor, School of Health Professions**

University of North Texas Health Science Center,  
Fort Worth, Texas, September 2013-September 2016

**Adjunct Professor, International Health Coach University**

September 2016-August 2019

- Taught foundational health coaching theory and skills.

**Part-Time Instructor, Tarrant County College, Fort Worth, TX**

1993-2001 and 2013-2014

- Oversaw dietetic internship placement, progress and completion.

**Adjunct Faculty, Andrews University, Berrien Springs, MI**  
1998-2002

- Mentored dietetic interns in a variety of areas of dietetic practice.

**Part-Time Faculty, Texas Christian University, Fort Worth, TX**  
1997-2000

- Taught science-based curriculum on food, nutrition and sports nutrition.

## **LEADERSHIP, MARKETING, COMMUNICATION AND MEDIA EXPERIENCE**

**Director of Health Literacy, Literacy Coalition of Central Texas**  
August 2015-May 2017

- Championed policy and health literate education for at risk populations.
- Cultivated business prospects with current and new clients through solicitation and preparation of grants, contracts, and interagency coalition agreements to drive priorities and meet both parties' program goals.
- Oversaw nonprofit program management, planning, and evaluation.

**Texas Academy of Nutrition and Dietetics Media Representative**  
2013-2017

- Represented the Academy in Social and Traditional Media.

**Program Director, Dairy MAX, Affiliate of the National Dairy Council,**  
2002 – 2012

- Partnered with internal teams and national PR firms to create and execute meaningful messaging for the public, industry, professional associations, and political organizations on consumer driven insights, trends and opportunities.
- Successfully served as subject matter expert and oversaw recruitment, media training, development of multiple stakeholders including staff, scientific experts and volunteers in multi-state programs, and managed day-to-day logistics.
- Represented the organization and effectively networked with national corporate executives, community leaders and volunteers at professional meetings maintaining communication and relationships to meet program objectives.
- Successfully lead and collaborated, and coordinated with program staff, including coordinators, nutrition educators, and Registered Dietitians (RDs).
  - **Director of Medical Outreach**, Directed Local & National Health Professional Outreach; Organized Booths, Materials and Speakers
  - **Director of Issues and Crisis Management**, Established effective Local & National relationships and worked collaboratively with diverse internal and external stakeholders across large complex organizations and decision makers.
  - **Director of Sports Marketing**, Directed Sports Marketing Corporate Relationships (Including TCU), Player Relations and Volunteerism, Developed Media Messaging, Managed Media Sponsorships and Voiced Media Placements
  - **Director of Social Media**, Founded & Directed Social Media Outreach
  - **NFL Coordinator**, Directed interaction with NFL Players and Teams and media. Planned and hosted wellness/PR events to drive priorities.

**National Dairy Council, National Media Ambassador, 2004-2012**

Served as key spokesperson effectively interacting with corporate investors and completing hundreds of media interactions and speaking engagements while delivering key messages across the country.

**HEALTH LITERACY GRANT FUNDED PROGRAMMING**

2023-2024

CHW Recruit Training and Certification

Total Costs: \$36,000

Funder: Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS); RF40085

**Role: Primary Investigator** – Training CHWs for Opioid Abatement Apprenticeships and Investigating SDOH impacting these efforts. MOU from UNT Denton.

2023

Texas Dance for Health: An Upstream Older Adult Health Intervention

Total Costs: \$6,500

Funder: The Parker Endowed Professorship of Texas Christian University

**Role: Co-Investigator** – Piloting evidence-based program in Texas. Partnered with Meals-on-Wheels of Tarrant County and Texas Christian University

2022-2023

AIM AHEAD Fellowship – First Cohort Selected by National Institutes of Health

Total Costs: \$70,000 (\$50,000 Fellow & \$10,000 each CBO & Mentor)

Funder: National Institutes of Health, Agreement NO. 1OT2OD032581-01 (OTA-21-017)

**Role: Primary Investigator** – Developing project using AI/ML Technology to Abate Health Disparities. Partnered with DFW CHW Association, MedStar Mobile Healthcare, Meals-on-Wheels, & Texas Department of State Health Services.

2022-2023

US Department of Health and Human Services – City of San Antonio Advancing Health Literacy to Enhance Equitable Community Responses to COVID-19

Total Costs: 2,000,000

Funder: HRSA Grant ID:1 CPIMP211274-01-00

**Role: Health Confianza Health Literacy Mentor**

2022-2023

Implementation of an Interdisciplinary Diabetes Self-Management Education and Support Program in a Geriatric Population

Total Costs: \$1,000

Funder: Small Grant Program; HSC College of Pharmacy

Primary Investigator: Adenike Atanda

**Role: Co-Investigator-** Expanding Piloted, Interdisciplinary DSME program for older adults.

2022-2023

Engaging CHWs in Health Equity

Total Costs: \$24,988

Funder: National Library of Medicine of the National Institutes of Health, Award Number: UG4LM012345. Project ID: RF00291

Primary Investigator: Emily Spence

**Role: Co-Investigator-** Developing Training Programs to teach CHWs Health Equity Principles and empower them to help abate health disparities.

2022 (January-September)

Accelerating Credentials of Purpose and Value Grant Program

Total Costs: \$272,270

Funder: Texas Higher Education Coordinating Board Number: 2020-GE-84425C

Project ID: RA00025

**Role: Principal Investigator** – Develop hybrid training for CHWs and CHWIs. Recruit from underserved/rural areas to build capacity and workforce to address health and wellness needs. Partnered with SaferCare Texas, Division of Academic Innovation and DFW-CHW Association.

2021-2022

Innovate to Communicate: Health Literacy Workforce Training Implementation

Total Costs: \$8,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number:

UG4LM012345. Project ID: RF00255

**Role: Principal Investigator** – Expand & Activate workshop developed to help healthcare entities become Health Literate Healthcare Organizations in line with Healthy People 2030. Partnered with Texas Christian University, Children's Health & Medical City Healthcare System.

2021-2022

Covid-19 Disparities

Total Costs: \$416,782

Funder: Centers for Disease Control (CDC-RFA-OT21-2103)

Principle Investigator: Yvette Wingate, PhD

Project PI: Amy Raines, DrPH

**Role: Project Co-Investigator** - Develop and sustain as well as increase access and awareness of CDC-recognized lifestyle change programs in underserved counties.

2021-2022

Leveraging Technology & Systems to Increase Latinos Living with T2DM Enrollment in DSME

Total Costs: \$295,307

Funder: Centers for Disease Control. Project Call: BAA 75D301-21-R-71738

Principle Investigator: Shireen Abdullah, Yumlish Inc.

**Role: Co-Investigator** - Develop and sustain as well as increase access and awareness of CDC-recognized lifestyle change programs in underserved counties.

2021

Engaging CHWs in Adult Basic Education

Total Costs: \$5,000

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Community Engagement and Dissemination Core; Award Number U54MD006882.

Project ID RF00204;

Project Lead: Emily Spence

**Role: Community Health Worker Instructor** - Developed a Training Program to teach CHWs principles of adult education to assist with teaching health literacy concepts to their community.

2020-2021

Rural Healthcare Health Literacy

Total Costs: \$78,825

Funder: UNT Health Science Center. Project ID: 330080-105-805001-300-4153-10245

**Role: Principal Investigator** - Developed a multipronged approach for rural hospitals to address communication barriers that impede access to healthcare, health and wellness for the community.

**Video:**

<https://drive.google.com/file/d/1w2oVEtUQ3BcFQoJ0l3EqhKGfYFVCO7JJ/view?usp=sharing>

2020-2021

Texas Community Engaged Alliance Against Covid-19 (CEAL)

Total Costs: \$402,481

Funder: National Institutes of Health. Project ID 1OT2HL158258-01.

**Role: Co-Investigator (Inclusive Participation Lead)** - The goal of this program is to use community-engaged strategies to reduce the burden of Coronavirus Disease 2019 (COVID-19) in disproportionately affected communities across Texas:

**Objective 1:** Conduct community-engaged research to promote awareness and enhance knowledge to overcome COVID-19 misinformation in diverse racial and ethnic populations across Texas.

**Objective 2:** Leverage existing community-partnerships and proven local strategies to increase uptake and active participation of diverse racial and ethnic groups in evidenced-based COVID-19 prevention practices and therapeutic trials (example: ongoing vaccine and future trials).

**Objective 3:** Disseminate science-based and targeted educational campaigns in diverse racial and ethnic communities and evaluate their impact on beliefs, attitudes, knowledge, and practices of COVID-19 prevention and treatment.

**Objective 4:** Develop sustainable community-engaged organizational capacity in Texas by creating a repository of local community-centric, evidence-based COVID-19 knowledge products (i.e. best practices) targeted towards populations with disproportionate burden of COVID-19.

2020-2021

What About Mom? Teen

Total Costs: \$20,000

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Award Number U54MD006882. Project ID RI40157

**Role: Principal Investigator**

2020-2021

Innovate to Communicate: Health Literacy Workforce Training

Total Costs: \$40,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number: UG4LM012345.

Principle Investigator: Carol Howe, PhD, RN, CDCES, FAAN; Texas Christian University

**Role: Co-Investigator** – Developed workshop to help healthcare entities become Health Literate Healthcare Organizations in line with Healthy People 2030. Partnered with Texas Christian University, Children's Health & Medical City Healthcare System.

2020

Engaging CHWs in Maternal Health

Total Costs: \$5,000

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Community Engagement and Dissemination Core; Award Number U54MD006882.

Project ID RF00164;

Project Lead: Emily Spence

**Role: Community Health Worker Instructor** - Developed a Training Program to teach CHWs Maternal Health Principles and empower them to help abate maternal morbidity and mortality.

2019-2020

Is Your WebLitLegit?

Total Costs: \$40,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number 1UG4LM012345-03. Project ID RF00217

**Role: Principal Investigator** - Workshop Helping Teens Discern Health Information Truth from Trash on the Internet partnered with Texas Christian University, Children's Health and Medical City Healthcare System

2018-2019

Postnatal Education through a Health Literacy Lens

Total Costs: \$72,303

Funder: National Institute on Minority Health and Health Disparities of the National Institutes of Health, Award Number U54MD006882. Project ID RF00157

**Role: Principal Investigator**

- Won U.S. Public Health Service Interprofessional Education (IPEC) Award

- Developed Maternal Mortality Abatement App in Partnership with TCU Nursing, Journalism & Computer Science to be adopted by the National Institute on Minority Health & Health Disparities (NIMHD).

- National Association of Schools & Programs of Public Health Feature

<https://www.aspph.org/north-texas-online-symptom-checker-answers-new-moms-health-questions/>

2018

Health Literate Maternal Mortality Curriculum

Total Costs: \$3,000

Funder: Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) - Association of Teachers of Maternal Child Health, Innovative Teaching Grant.

**Role: Principal Investigator**

2017-2018

Health Literacy for an Aging Population

Total Costs: \$10,000

Funder: National Library of Medicine of the National Institutes of Health, Award Number 1UG4LM012345-01. Project ID RF00022

**Role: Principal Investigator** - Partnership with Meals-on-Wheels of Tarrant County.

## ACTIVITIES/HONORS

### Elected/Appointed Board/Advisory Positions

**Elected Board Member, Texas Association of Promotoras and Community Health Workers,**  
2022-present

**Elected Board Member, International Health Literacy Association,** 2022-present

**Elected Commissioner, Council on Dietetic Registration,** February 2021-May 2023

**International Plain Language Federation**

Panel of experts setting standards for plain language, January 2021-present

**The National Council to Improve Patient Safety through Health Literacy,**

Panel of experts making recommendations to Joint Commission,  
January 2020-present

**International Health Literacy Association (IHLA), Standing Committee on Finance  
and Legal, Co-chair, Policy & Advocacy Special Interest Group, Nov 2018-Jan 2022**

**Cowtown Marathon Board Member, April 2018-October 2020**

**National Academy of Science Mental Health Literacy Roundtable**

**Planning Committee & Panel Moderator, December 2017-July 2018**

[https://www.youtube.com/watch?v=7\\_MB7lpKLSE&list=PLGTMA6QkejfhfQmaZysSFzXBZDHx-JYXD&index=10](https://www.youtube.com/watch?v=7_MB7lpKLSE&list=PLGTMA6QkejfhfQmaZysSFzXBZDHx-JYXD&index=10)

**It's Time Texas, Living Healthier Advisory Committee, January 2016-August 2019**

**Presentations**

**Speaker on What About Mom? Health Literacy and Postpartum Education**

Central New York Library Resources Council Health Literacy Conference – June 2023

**Colorado ECHO Speaker on Numeracy & Cardiovascular Disease**

University of Colorado ECHO Series – May 2023

**Panel Speaker: Voices of the Rural Southwest: Stories from the Field**

American Heart Association Rural Health Summit – May 2023

**Panel Speaker: Building a Health Literacy Statewide Coalition: Lessons Learned from 5  
States** Institute for Healthcare Advancement – May 2023

**Speaker on Becoming a Health Literate Healthcare Organization: Defining, Understanding  
& Practicing Health Literacy**

Partnership for Community Health; Health Quality Institute – April 2023

**Invited Panel: Understanding & Supporting the Public as a Key Element in Infodemic  
Preparedness and Response**

National Academy of Sciences – April 2023

**Workshop Presenter: Innovate to Communicate: Understanding Health Literacy**

Association of Diabetes Care and Education Specialists, State Conference – March 2023

**Keynote Speaker on The Impact of Health Literacy & Cultural Humility on Patient Safety**

PENN Medicine Patient Safety Awareness Week – March 2023

**Testified on Health Literacy Legislation in Texas,**

88<sup>th</sup> Texas Legislative Session – March 2023



**Speaker on Becoming a Health Literate Healthcare Organization: Defining, Understanding & Practicing Health Literacy**

Texas Hospital Association, PSO Learning Forum – Jan 2023

**Speaker on Health Literacy & Health Equity**

American Medical Student Association, Health Justice Scholars Program – Jan 2023

**Panel Speaker on Health Literacy Advocacy**

Delaware Health Literacy Association Conference – November 2022

**Panel Speaker on Health Literate Healthcare Organizations**

Healthier Texas Summit – October 2022

**Keynote Speaker on Health Literacy Advocacy**

Minnesota Health Literacy Association Conference – October 2022

**Keynote Speaker on Numeracy & Health Disparities**

Colorado Health Literacy Association Conference – October 2022

**Speaker on Mindful Eating**

Texas Association of Promotoras and Community Health Workers – September 2022

**Panel Speaker on Developing a Proclamation for Health Literacy Month**

Institute for Healthcare Advancement – September 2022

**Panel Speaker on Nutrition Literacy & Health Equity**

International Health Literacy Association – July 2022

**Webinar Speaker on Dementia Literacy for EMS and Older Adult Caregivers,**

Institute for Healthcare Advancement – July 2022

Texas Association of Promotoras and CHWs, Adult Basic Education, May 2022

**Speaker on Innovate and Collaborate: Coalitions Addressing Public Health Literacy**

Society of Public Health Education (SOPHE) Annual Conference – March 2022

**Speaker on Lifestyle Medicine as a Tool for Resiliency**

Educate. Motivate. Vaccinate. A virtual conference hosted by Clover for health professionals focusing on COVID-19, the vaccine, burnout, and resilience – March 2022

**Planning Committee & Panel Speaker on Webinar Series – “What the Health?” “An Apple a Day” and “Health Literate Communication”**

Partnership with the Texas Association of Promotoras and Community Health Workers (TAPCHW) & the National Network of the Libraries of Medicine – November 2021; January 2022 & March 2022

**Is Your Child's WebLitLegit? Finding Safe & Good Health Information on the Internet,**

Healthy Life Stars: Improving Health Outcomes Through Preventing Childhood Obesity Conference – November 2021

**Planning Committee & Panel Speaker on Innovate to Communicate**

Inaugural Global Health Literacy Summit; International Health Literacy Association (IHLA) – October 2021

**Planning Committee & Panel Speaker on Rural (Migrant) Health Literacy**

Inaugural Global Health Literacy Summit; International Health Literacy Association (IHLA) – October 2021

**Speaker on Health Literacy: The Root Cause of Health Disparities,**

UT Health Disparities Conference – September 2021

**Keynote Speaker on Health Literacy: Adult Basic Education,**

Northeast Texas CHW Coalition Conference – August 2021

**Speaker on Covid-19 Vaccines 101 Communication,**

DFW-CHW Association Conference – July 2021

**Speaker on Innovate to Communicate: Healthcare Workforce Training,**

Institute for Healthcare Advancement – May 2021

**Speaker on Innovate to Communicate: Healthcare Workforce Training,**

Texas Public Health Association – May 2021

**Speaker on Covid-19 Infodemic: Community Health Workers (CHWs) Bridge the Gap,**

National Network of the Library of Medicine: Responding to the Covid-19 Infodemic Symposium – April 2021

**Testified on Health Literacy Legislation in Texas,**

87<sup>th</sup> Texas Legislative Session – March 2021

**Surgeon General Roundtable Invited Expert: Call to Action to Improve Maternal Health,**

U.S. Department of Health & Human Services – January 2021

**Keynote Featured Webinar Speaker: Clinical Trials 101 for CHWs & Front-Line Health**

**Communicators,** U.S. Department of Health & Human Services – November 2020

**Health and Nutrition Literacy: The Social Determinants of Health, Well-being and**

**Population Health,** Healthy Life Stars: Childhood Obesity Conference – Nov 2020

**Panel Speaker on Advocating for Policy: How to Champion Health Literacy? Health**

Literacy Research & Action Conference – October 2020

**Panel Speaker on “Is your WebLitLegit?” Train-the-Trainer Workshop, Health**

Literacy Research & Action Conference – October 2020

**Keynote Panel on Health Literate Healthcare Organizations, DFW Hospital Council**

Patient Safety Summit – October 2020

**Keynote Panel on Empowering Community Health Workers for Public Health**

**Emergencies,** Healthier Texas Summit – October 2020

**Speaker on Maternal Mortality through a Health Literacy Lens**, 2020 National Conference on Health Communication, Marketing and Media (NCHCMM) – September 2020

**Plenary Speaker on Addressing COVID-19 Inequities: Strategies To Rebuild Our Nation for an Inclusive Future**, IHA-19th Annual Health Literacy Conference – July 2020

**Speaker on Postnatal Education through a Health Literacy Lens**, Texas Health Disparities Conference, Texas Center for Health Disparities – June 2020

**Planning Committee & Keynote Speaker**, Rio Grande Valley Health Literacy Conference, Institute for Healthcare Advancement – February 2020

**Speaker on Maternal Mortality as a Backdrop for IPE and Service Learning**, Health Care Education Association Annual Meeting – October 2019

**Planning Committee & Speaker**, 15<sup>th</sup> Annual Texas Health Literacy Conference San Antonio Health Literacy Initiative – October 2019

**Speaker on Health Literacy, Healthcare Quality and Patient Safety**, Texas Hospital Association – August 2019

**Speaker on Patient Safety through a Grassroots Collaborative**, 12th Annual Patient Safety Summit, DFW Hospital Council – August 2019

**Planning Committee & Speaker**, 18<sup>th</sup> Annual Health Literacy Conference Institute for Healthcare Advancement – May 2019

**Speaker on Health Literacy in Dementia Care & Prevention**, Centers for Medicaid and Medicare – February 2019

**Testified on Health Literacy Legislation in Texas**, 86<sup>th</sup> Texas Legislative Session – March & May 2019

**Speaker on the Development & Infrastructure of the Health Literacy Collaborative**, Texas Public Health Association Annual Meeting, March 2019

**Featured Webinar Speaker, Texas Hospital Association**, Centers for Medicare & Medicaid Services HIIN Activation – Dec 2018

**Featured Webinar Speaker, National Library of Medicine Patient Safety Series**, Health & Nutrition Literacy as Social Determinants of Health – Dec 2018

**Speaker & Panel Moderator, Founding a Health Literacy Collaborative**, National Health Literacy Research and Practice Conference – October 2018

**Texas Health Literacy Conference, Plain Language & Needs Assessment**, San Antonio Health Collaborative – October 2018

**Panel Moderator, Let's Talk Health – Health Literacy in our Community**, Tarrant County Public Health – April 2018

- Speaker on Patient-Centered Communication,**  
Baptist Hospital Beaumont Leadership Retreat – March 2018
- Speaker on Health Literacy for an Aging Population Research,**  
Texas Public Health Association Annual Meeting – March 2018
- Speaker on Health Literacy in Medication Reconciliation,**  
UNTHSC Institute for Patient Safety Summit – February 2018
- Testified on Health Literacy Legislation in Texas,**  
85<sup>th</sup> Texas Legislative Session – May 2017
- Speaker on Health Literacy Tools for Readmission Prevention,**  
TMF Regional Workshop - May 2017
- Speaker on Health Literacy in Patient Compliance, Follow-up and Outcomes,**  
UTMB Grand Rounds - April 2017
- Workshop Series on Cultural Health Literacy,**  
Texas A&M Agricultural Extension - March 2017
- Webinar Series on Health Literate Messaging,** Department of State Health Services  
Healthy Communities Initiative – March 2017
- Speaker on Health Literacy in Patient Compliance, Follow-up and Outcomes,**  
Medicare Summit - February 2017
- Speaker on Health Literacy in Dementia Care,** Alzheimer's Association  
North Central Texas Chapter Summit - November 2016
- Speaker on Health Literate Websites and Mobile Media,** It's Time Texas Summit  
August 2016
- Speaker on Health Literacy Advocacy in TX,** Health Literacy Symposium, UNTHSC  
May 2016
- Speaker on Teach Back as a Health Literacy Tool,** Texas Medical Foundation  
Health Quality Institute, January 2016 & July 2016
- Speaker on Health Literacy, Healthcare Quality and Patient Safety,** Texas Hospital  
Association, December 2015
- Speaker on Nutrition and Health Literacy,** San Antonio Health Literacy  
Conference, October 2015
- Speaker on Nutrition and Health Literacy,** Texas Osteopathic Medical Association,  
February 2015
- Conference Planner/Speaker on Agro-terrorism,** Tarrant County Public Health,  
September 2014

**Speaker on Health Literacy**, Tarrant County Diabetes Coalition, May 2014

**Speaker on Agro-terrorism**, Texas Academy of Nutrition and Dietetics, April 2014

**Speaker on Health Literacy**, North Texas Dietitians Spring Seminar, February 2014

## CONSULTING EXPERIENCE

### **Wellness Consultant and Advisory Committee, It's Time Texas**

August 2015-September 2019

- Content expert for youth wellness programs communications.

### **National Corporate Wellness Consultant**, Corporate Wellness Solutions

Speaker and Health Coach for Corporate Clients; April 2011-September 2019

- Conducted individual and group coaching as well as health screenings.

### **Instructor/Registered Dietitian, Internal Medicine**, UNTHSC/TCOM; Jan 2015-May 2015

- Medicaid Waiver Program Registered Dietitian for Alternate Care Models.

### **Health Literacy Symposium Coordinator**, UNT Health Science Center

- Planned and executed an interactive symposium for multiple stakeholders.  
Dec 2013-June 2014; Jan 2015-May 2015; Jan 2016-May 2016

### **Children's Genetics Policy Research Program Manager**, UNT Health Science Center

- Oversaw research to support state policy on medical and nutrition care.  
June 2014-August 2014

### **Contract Public Health Coordinator**, New Mexico Department of Ag

- Coordinated public health response for Bioterrorism and Food Safety Drill.  
October 2013-March 2014

### **Contract Pediatric Patient Coordinator**, HeartGift Fort Worth

- International pediatric heart patient care coordinator.  
January 2013-December 2013

## CLINICAL EXPERIENCE

### **Clinical Telehealth Dietitian**, McDaniel Nutrition

August 2021-December 2021

- Telehealth Medical Nutrition Therapy for sports, health and wellness.

### **Clinical Dietitian**, Learning Services Home Healthcare

July 2020-August 2021

- Medical Nutrition Therapy for patients with traumatic or brain injuries.
- Served on Interprofessional Care Team

### **Clinical Dietitian**, HealthSouth Rehab Hospital

December 2012-January 2015

- Medical Nutrition Therapy for patients with traumatic or brain injuries.
- Served on Interprofessional Care & Patient Safety Teams.

**Pediatric Dietitian, Early Childhood Intervention of Tarrant County, TX,**  
1994-2000  
Evaluated growth and provided Medical Nutrition Therapy (MNT) for children.

**Pediatric/Neonatal Dietitian, Baylor University Medical Center, Dallas, TX**  
1992-1994  
Provided MNT and worked on the Breastfeeding Team for neonates and pediatrics.

**Clinical Dietitian, Harris Methodist Health System, Fort Worth, TX**  
1988-1992  
Medical Nutrition Therapy for inpatient, outpatient radiation, and rehabilitation clients.

**Pediatric Clinical Dietitian, Cook's/Fort Worth Children's Medical Center, Fort Worth, TX**  
1988-1989  
Medical Nutrition Therapy, formula room calculations and weight management program.

**Clinical Dietitian, Osteopathic Medical Center, Fort Worth, TX**  
1986-1988; Medical Nutrition Therapy of inpatients and outpatients.

## **CERTIFICATIONS**

**Stop the Bleed Certification Program, March 2023**

**Friday Night in the ER Facilitator Certificate Program, February 2023**

**Health Literacy Specialist Certificate, March 2022**

**Certified QPR Gatekeeper instructor (Suicide Prevention), October 2020**

**TeamSTEPPS Trainer Certificate Program, August 2020**

**Certified Professional in Patient Safety, June 2020**

**Diplomat of the American College of Lifestyle Medicine, November 2019**

**Wellcoaches Health & Wellness Coaching Certification, November 2019**

**Certified in EQ-i 2.0 + EQ 360 Emotional Intelligence Assessments, June 2019**

**Certificate of Recognition & Certificate of Distinction, IPE Faculty Development, May 2019**

**Certified in Public Health, December 2015-present**

**Certified Community Health Worker Instructor, June 2016-present**

**Registered Dietitian, November 1986-present**

**Licensed Dietitian, March 1988-present**

## **Awards/Certificates/Advocacy**

- Faculty Achievement Award, UNTHSC School of Health Professions, April 2023**
- AIM AHEAD Fellowship Program, National Institutes of Health, September 2022-June 2023**
- Texas Governor Proclamation of Health Literacy Month, October 2022**
- Institute for Healthcare Advancement, Health Literacy Specialist Certificate, March 2022**
- U.S. Public Health Service, Interprofessional Education Collaborative Award in Community Empowerment, April 2020**
- Texas Christian University, Distinguished Alumni Award, April 2020**
- Texas Governor Proclamation of Health Literacy Month, October 2019**
- Fort Worth Mayor Proclamation of Health Literacy Month, October 2019**
- Texas Health Literacy Conference, “Health Literacy Hero” Award, 2018**
- Texas Academy of Nutrition and Dietetics “Distinguished Scientist”, 2016**
- UT School of Nursing, TCRSS Community & Academic Collaborative Research Award, 2015**
- Academy of Nutrition and Dietetics Doctoral Student in Public Health Scholarship Recipient, 2013-2014**
- University of North Texas Health Science Center Scholarship for Returning Students Recipient, 2013-2014**
- Association of Schools of Public Health, Served on CDC Collaborative Committee and Office of Public Health Preparedness and Response. Developed National Emergency Preparedness Core-Competencies for Mid-Level Health Care Workers, 2010**
- Preparedness and Response to Food and Agriculture Incidents, Homeland Security Certified Course, 2009**
- Commission on Dietetic Registration, Completed Certificate Course in Childhood and Adolescent Weight Management, 2008**
- Texas Academy of Nutrition and Dietetics “Media Award”, 2008**
- National Milk Processors Education Program, “PEPPY Marketing Award”, 2009**
- National Dairy Council (Dairy Management Incorporated), “Excellence in Crisis Readiness, Excellence in Crisis Training & Advanced Crisis Readiness and Outreach”, 2009 & 2011**

**National Dairy Council (Dairy Management Incorporated), “Excellence in Advanced Crisis Readiness and Outreach Award”, 2008 and 2010**

**National Dairy Council (Dairy Management Incorporated), “Excellence in Crisis Readiness Award”, 2007**

**TCU Senior Honor Student in Dietetics, 1985-1986**

**Tarrant County Medical Society Scholarship Recipient, 1985-1986**

### **Professional Memberships**

**Health Literacy Texas Organization, Founder & Past-President, Jan 2023-present;**  
Founder & President, October 2020-Jan 2023

**Texas Association of Promotoras and Community Health Workers, Board of Directors (2022-25) & Member, 2020-present**

**American College of Lifestyle Medicine, Member, 2019-present**

**DFW-CHW Association Member, 2018-present**

**DFW Hospital Council Health Literacy Collaborative, Founder & Chair, 2017-present**

**International Health Literacy Association Member, 2015-present;** Co-chair of the Nutrition Special Interest Group; Past Law and Business Standing Committee; Past Co-chair of the Policy & Advocacy Committee

**Health Literacy Regional Network, Quarterly Regional Discussions on the State of Health Literacy across the U.S., July 2015-present**

**Society for Nutrition Education, Division of Childhood Nutrition, Chair 2007-2008, Communications Division, Co-Chair 2008-2009, ACPP Committee 2010-2012, Social Marketing Division, Co-Chair 2011-2012**

**Texas Public Health Association Member, 2013-present;**  
- National Alliance for Nutrition and Activity (NANA) Coalition Rep

**New Mexico Public Health Association Member, 2006 – 2012**

**Collegiate and Professional Sports Dietitian Association Member, 2010-2018**

**Academy of Nutrition and Dietetics Member, 1986 – Present**

**Texas Academy of Nutrition and Dietetics Member, 1986 – Present;**  
Media Representative, 2007-2010 and 2013-2016, Director-At-Large for Communications, 2008-2009, Public Relations Chair 2007-2008, Public Relations Co-Chair 2006-2007, Public Relations Chair 2003-2004

**Dallas Academy of Nutrition and Dietetics Member, 2009-2012**  
Media Representative, 2011-2012, Philanthropy Chair, 2011-2012



**Fort Worth Academy of Nutrition and Dietetics**, 2004-2009 and 2012-present;  
Nominating Committee Chair, 2014-2015, Nominating Committee, 2013-2014, Spring Seminar Chair, 2012-2013, Past-President 2005-2006; President 2004-2005; President Elect 2003-2004; Vice-President 2000-2001; Vice-President Elect 1999-2000; Nominations 1993-1994, 89-90; Career Guidance 1992-1993; Treasurer, 1990-1992

**Alpha Phi Sorority**, Alumni

**Phi Upsilon Omicron Honor Society**, Alumni

## PUBLICATIONS

### Scientific Journal Placements

National Academies of Sciences, Engineering, and Medicine. (2023). Navigating Infodemics and Building Trust During Public Health Emergencies: Proceedings of a Workshop in Brief. Washington, DC: The National Academies Press. **Wagner, T. Contributor (p. 7, 11-12) & Reviewer (p. 15).**

<https://doi.org/10.17226/27188>

Interactive Webpage: <https://nap.nationalacademies.org/resource/27188/interactive/>

Taylor, K. & **Wagner, T.** (2022). Age Friendly Emergency Medicine Services: Integrating What Matters, Medications, Mobility, and Mentation into Emergency Response. *Alzheimer's & Dementia*, 18(59), 1552-1559. <http://dx.doi.org/10.1002/alz.061165>

Cassidy Faught III, Carol Howe, Amy Raines-Milenkov & **Teresa Wagner.** (2022). What About Mom? Teen: Usability of a Postpartum App for Teen Mothers, *Journal of Consumer Health on the Internet*, 26:3, 283-292. DOI: <https://doi.org/10.1080/15398285.2022.2109096>

Taylor, K., Partain, D., McEntire, L., & **Wagner, T.** (2022). Age Friendly Emergency Medicine Services. *EMS World*.

<https://lscpagepro.mydigitalpublication.com/publication/?m=55723&i=756811&p=18&ver=html5>

**Wagner, T.**, Adame, T., Lewis, B., & Howe, C.J. (2022). Is your WebLitLegit? Discerning credible health information on the internet. *Journal of Health Literacy and Practice*.

<https://doi.org/10.3928/24748307-20220516-01>.

Singer, D., Howe, C.J., Adame, T., Lewis, B., **Wagner, T.** & Walker, D. (2022). A Psychometric Analysis of the Health Literate Health Care Organization 10 Item Questionnaire (HLHO-10). *Journal of Health Literacy and Practice*. <https://doi.org/10.3928/24748307-20220518-01>

**Wagner, T.**, Carlson, E., Ebbett, D. & McEntire, L. (2022). Cover Story: Improving EMS Dementia Literacy. *EMS World*. <https://tinyurl.com/2p9x2m2w>

**Wagner, T.**, Ramirez, C., & Godoy, B. (2021). Covid-19 Rural Health Inequities: Insights from a Real-World Scenario. *Journal of Communication in Healthcare*.

<http://dx.doi.org/10.1080/17538068.2021.1975472>

Raines-Milenkov, A., Felini, M., Baker, E. et al...& **Wagner, T.** (2021). Hepatitis B Virus Awareness, Infection, and Screening Multiethnic Community Intervention for Foreign-Born Populations. *Journal of Community Health*. <https://doi.org/10.1007/s10900-021-00982-5>

- Wagner, T.** (2021). TPHA Governing Council (GC) Position Paper – Health Literacy Contribution. *Texas Public Health Association Journal*, 73(2), 31.  
[https://cdn.ymaws.com/www.texaspha.org/resource/resmgr/journals/2021\\_journals/spring/tphjvol\\_73\\_issue\\_2\\_online.pdf](https://cdn.ymaws.com/www.texaspha.org/resource/resmgr/journals/2021_journals/spring/tphjvol_73_issue_2_online.pdf)
- Raines-Milenkov, A., Felini, M., Baker, E. et al...**Wagner, T.** & Hughes, J. (2021). Willingness of a Multiethnic Immigrant Population to Donate Biospecimens for Research Purposes. *Journal of Immigrant and Minority Health*, 23(4). <https://doi.org/10.1007/s10903-021-01241-4>
- Wagner, T.**, Thompson, E., Gadson, A., Stark, M., Bush, K. & Raines-Milenkov, A. Postpartum Education and Health Literacy: New Mom’s Perspectives. (2020). *Journal of Consumer Health on the Internet*. 24(4), 346-35. <https://doi.org/10.1080/15398285.2020.1810964>
- Howe, C.J., Adame, T., Lewis, B., & **Wagner, T.** (2020). Assessing Organizational Focus on Health Literacy in Hospitals in North Texas. *American Journal of Nursing*, 120(12), 24-33. [https://journals.lww.com/ajnonline/Fulltext/2020/12000/Original\\_Research\\_Assessing\\_Organizational\\_Focus.26.aspx](https://journals.lww.com/ajnonline/Fulltext/2020/12000/Original_Research_Assessing_Organizational_Focus.26.aspx)
- Wagner, T.**, Stark, M. & Raines-Milenkov, A. (2020). What About Mom? Health Literacy and Maternal Mortality. *Journal of Consumer Health on the Internet*, 24(1), 50-61.  
<https://www.tandfonline.com/doi/full/10.1080/15398285.2019.1710980>
- Wagner, T.** (2019) Incorporating Health Literacy into English as a Second Language Classes. *Journal of Health Literacy and Practice*, 3(3), S37-S41.  
<https://doi.org/10.3928/24748307-20190405-02>
- Wagner, T.** & Howe, C. (2019). Addressing Systemic Health Literacy Issues & Patient Safety through a Grassroots Collaborative. *Journal of Consumer Health on the Internet*. 23(1), 62-69.  
<https://www.tandfonline.com/doi/full/10.1080/15398285.2019.1571325>
- Wagner, T.**, Blevins, D., Lopez, J. & Liu, J. (2018). Health literacy for an aging population: Evaluating online tools for the homebound over age 65. *Journal of Consumer Health on the Internet*, 22(4), 371-381. <https://www.tandfonline.com/doi/full/10.1080/15398285.2018.1544819>
- Wagner, T.**, Lindstat, C., Jeon, Y. & Mackert, M. (2016). Implantable medical device website efficacy in informing consumers weighing benefits/risks of healthcare options. *Journal of Health Communication*, 21, 121-126.  
<http://www.tandfonline.com/doi/abs/10.1080/10810730.2016.1201173?journalCode=uohcm20>
- Wagner, T.** & Carlson, E. (2015). Medical foods: An investment in the future of children with inborn errors of metabolism. *ICAN: Infant, Child, & Adolescent Nutrition*, 7(3), 129-130. Retrieved from <http://journals.sagepub.com/doi/full/10.1177/1941406415579490>
- Wagner, T.** & Carlson, E. (2014). All grown up and nowhere to go? *Pediatrics*, 134(5), 900-908.  
<http://pediatrics.aappublications.org.proxy.hsc.unt.edu/content/134/5/900.comments#all-grown-up-and-nowhere-to-go>
- Wagner, T.** (2008). DASH Eating Plan Fact Sheet. *Journal of the American Dietetic Association*.

## Textbook Chapters

**Wagner, T.** & Walden, R. (Pending publication). Health Literacy: Bridging the Gap. In S. Jones & B. Murphy (Eds.), Cultural Humility in Libraries (Chapter 4).

## Courses Developed

**LHLT 5302** Health Literacy & Communication (3 credit hours)

**LHLT 5309** Health & Patient Safety Through the Lifecycle (3 credit hours)

**MACH 5332** Maternal Child Nutrition (3 credit hours)

## Learning Modules Developed

**Wagner, T.,** Bratton, B., & Taylor, K. (2023). Older Adult Care:  
<https://unthsc.rievent.com/a/YXQRST>

Taylor, K. & **Wagner, T.** (2023). Patient Safety Microcredential

**Structural Inequities Series (2023):** [Empowering Community Health Workers and Trusted Messengers to Address Inequalities](#)

- **Wagner, T.** & Spence E. (2023). Implicit Bias
- Spence E. & **Wagner, T.** (2023). Structural Inequities
- **Wagner, T.** & Spence E. (2023). Community Empowerment

**Wagner, T.,** Venkatachalam, A., & Frates, B. (2023). Teen Lifestyle Medicine Microcredential  
<https://learningplus.unthsc.edu/courses/lifestyle-medicine-for-teens>

**Wagner, T.** (2021). Adult Basic Education:  
[https://unthsc.rievent.com/a/DDDZIQ?utm\\_source=ce&utm\\_medium=catalog](https://unthsc.rievent.com/a/DDDZIQ?utm_source=ce&utm_medium=catalog)

**Wagner, T.,** Rosenbloom, J., & Hernandez, D. (2021). Covid-19 Vaccine 101:  
[https://incedo.rievent.com/a/NJNWLb?utm\\_source=ce&utm\\_medium=catalog](https://incedo.rievent.com/a/NJNWLb?utm_source=ce&utm_medium=catalog)

**Wagner, T.** (2021). Rural Health Literacy 101:  
[https://incedo.rievent.com/a/PXCNJJ?utm\\_source=ce&utm\\_medium=catalog](https://incedo.rievent.com/a/PXCNJJ?utm_source=ce&utm_medium=catalog)

**Wagner, T.,** Farmer D., & Taylor, K. (2021). Just Culture:  
<https://unthsc.rievent.com/a/PDNQUT>

**Wagner, T.,** Farmer D., & Taylor, K. (2021). High Reliability Organizations:  
<https://unthsc.rievent.com/a/ICTLSR>

**Wagner, T.** (2020). Mental Wellness Microcredential

**Wagner, T.** (2020). Covid-19 Clinical Trials:  
[https://incedo.rievent.com/a/CUKMMA?utm\\_source=ce&utm\\_medium=catalog](https://incedo.rievent.com/a/CUKMMA?utm_source=ce&utm_medium=catalog)

**Wagner, T.** (2020). Health Literacy 101: <https://unthsc.rievent.com/a/HBIKRC>

**Wagner, T.** (2020). Maternal Health in the Community: <https://unthsc.rievent.com/a/HPISVP>

**Wagner, T.** (2019). CLAS Standards: <https://unthsc.rievent.com/a/AUOMMU>

## POSTER SESSIONS

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CPPS, CHWI, DipACLM, CHWC;** Brandon Pate, MPH, CPH, CP-C, CCP-C; Denise Hernandez, Ph.D. MPH, CHWI. Algorithm-Based Community Health Worker (CHW) Public Health Emergency Preparedness Response (EPR) for Older Adults. Accepted for poster presentation. AIM AHEAD Conference, Bethesda, MD; August 1-3, 2023.

Liu, F., Wiley, K., George, U., **Wagner, T.**, Nayak, C., Lyu, D., Mete, M., Telagamalla, N., Stienecker, S.L., Xiong, Y., Shara, N. Model Fairness for Machine Learning-based Pre-Eclampsia and Eclampsia Risk Prediction. Accepted for poster presentation. AIM AHEAD Conference, Bethesda, MD; August 1-3, 2023.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI;** Brenda Godoy, BS, CHW. COVID-19: Transforming Rural Healthcare with Health Literacy. Accepted for poster presentation. Institute for Healthcare Improvement Congress, National Harbor, MD; May 21-24, 2023.

Kate Taylor, DNP, FNP-C, CPPS; **Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI.** Age Friendly Emergency Medicine Services. Accepted for poster presentation. Institute for Healthcare Improvement Congress, National Harbor, MD; May 21-24, 2023.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CPPS, CHWI, DipACLM, CHWC;** Brandon Pate, MPH, CPH, CP-C, CCP-C; Denise Hernandez, Ph.D. MPH, CHWI. Algorithm-Based Community Health Worker (CHW) Public Health Emergency Preparedness Response (EPR) for Older Adults. Accepted for poster presentation. Doswell Health Informatics Conference, Dallas, TX; April 28<sup>th</sup>, 2023.

Atanda, A. **Wagner, T.**, Taylor, K., Reuter, K., Clark, E., Thomas, J. & Butler, C. Implementation of an Interdisciplinary Diabetes Self-Management Education and Support Program in a Geriatric Population. Accepted for poster presentation. Won First Place in Division. HSCCP Pharmacy Showcase. Fort Worth, Texas; October 7, 2022.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI,** Clara Ramirez, MPH, CHES®, CPH, Brenda Godoy, BS, CHW. COVID-19: Transforming Rural Healthcare with Health Literacy. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 9-10, 2022.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI,** Carol Howe, PhD, RN, CDCES, FAAN, Cassidy Faught, OMS-III. What About Mom? Teen. Accepted for poster presentation. Health Literacy & Research Conference (HARC), Boston, MA; Nov 1-2, 2021.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI,** Clara Ramirez, MPH, CHES®, CPH, Brenda Godoy, BS, CHW. COVID-19: Transforming Rural Healthcare with Health Literacy. Accepted for poster presentation. International Conference on Communication in Healthcare, Fort Worth, TX; October 19, 2021.

**Teresa Wagner, DrPH, MS, CPPS, CPH, RD/LD, CHWI**, Carol Howe, PhD, RN, CDCES, FAAN, Cassidy Faught, OMS-III. What About Mom? Teen. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 10, 2021.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. NEXUS Interprofessional Education Summit, Minneapolis; August 19, 2019.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Patient Safety Summit, Irving, TX; August 1, 2019.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 6, 2019.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: A proposed evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Infant Health Network Summit, Fort Worth, TX; September 13, 2018.

**Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: A proposed evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation. Texas Health Disparities Conference, Fort Worth, TX; June 7, 2018.

**Teresa Wagner, MS, RD**, Erin Carlson, DrPH. *Quality of Life: The Ultimate Metric of Health Literacy for Children with Genetic Disability*. Accepted for oral presentation at San Antonio Health Literacy Symposium, San Antonio, TX; October 2, 2015.

**Teresa Wagner, MS, RD**, Mike Mackert, PhD, Erin Carlson, DrPH. Do You Hear What I Hear? Plain Language Skills Trainings with Measurable Results. Accepted for poster Presentation at San Antonio Health Literacy Conference, San Antonio, TX; Oct 2, 2015.

**Teresa Wagner, MS, RD**, Anissa Carbajal-Diaz, MPH, Kim Linnear, MPA, Erin Carlson, DrPH. Health Literacy Systems Approach: Empowering Healthcare Practitioners through Education. Accepted for poster presentation at UNT Health Science Center Research Appreciation Day, Fort Worth, TX; April 17, 2015.

Carbajal-Diaz, A., **Wagner, T.**, Linnear, K. A Road Map for Building Health Literate Organizations: Two Symposia That Address a Systems Approach. Accepted for poster presentation at Association for Community Health Improvement Conference, Dallas, TX; March 4-6, 2015.

Ashlee Loewen, Janice Knebl, Ashley Yarabinec, Kathlene Camp, Valerie Johnson, Ashley Stafford, John Gary Allen, Emad Shoukry, **Teresa Wagner**, Quante Greenlee, and Shirley Turpin. "A STEP in the Right Direction: An Interdisciplinary Transitional Care Approach to Preventing Hospital Readmissions". Accepted for poster presentation at UNTHSC Research Appreciation Day, Fort Worth, TX; April 17, 2015.

Linnear, K., Carlson, E., Carbajal-Diaz, A., **Wagner, T.**, McMains, C., Cardarelli, K. Collaborating with Community-Based Organizations to Increase Health Literacy by Working with Librarians in Tarrant County. Accepted for oral presentation at Texas Public Health Association, Austin, TX; February 23-25, 2015.

**Wagner, T.**, Carlson, E., William, Y. Access to Genetic Services in Texas: Opportunities and Challenges in a Changing Health Care Environment. Accepted for oral presentation at Texas Public Health Association, Austin, TX; February 23-25, 2015.

Davis, A., **Wagner, T.**, Fernando, S., Fulda, K., Franks, S. Self-Reported Diet and Risk of Type II Diabetes Mellitus (T2DM) in a Low Socioeconomic Pediatric Population, Accepted for poster presentation at Texas Public Health Association, Austin, TX; February 23-25, 2015.

## **MENTORSHIP**

### **MS Health Education, Spring 2022-Fall 2022**

**Tricia Whaley, BS**

Clinical Research Coordinator & Project Manager, Dallas Clinical Trials  
Mentor for Master's in Health Education Degree

### **Heritage High School, Fall 2021-present**

**Aravind Venkatachalam**

High School Student

Mentor for Teen Lifestyle Medicine Microcredential

### **DrPH Doctoral Dissertation Committee, Fall 2021-Spring 2023**

**Melanie Stone, MPH, Med**

Assistant Director of Community Service Learning, UT Health San Antonio  
Advisor for Doctoral Dissertation

### **PhD Dissertation Committee, Fall 2020-Spring 2023**

**Meghan Taylor, MA**

UNT Denton - Music, Health in Performing Arts

### **DrPH Committee, Summer 2019**

**Carolyn Bradley-Guidry, DrPH, PA-C, BSN**

Associate Professor, School of Health Professions; Director, Diversity and Inclusion,  
UT Southwestern; 2019 UNTHSC President's Award for Scholarly Excellence in Academics

### **DrPH Mentorship, Fall 2019**

**Melanie Stone, MPH, Med**

Assistant Director of Community Service Learning, UT Health San Antonio  
Mentor for Practice-Based Design and Methods Project

## **Graduate Research Assistant, Summer 2019-Spring 2020**

**Amber Gadson, TCOM - OMS III;**

### **Poster Presentations:**

- 1) **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: Evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation, Infant Health Network Summit, Fort Worth, TX; Sept 12, 2019.
- 2) **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for poster presentation at American College of Obstetrics & Gynecology, New Orleans, LA; September 27, 2019.
- 3) **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**, Marie Stark, MSN, RNC-OB, Erika Thompson PhD, MPH, Amber Gadson, OMS-III, Kim Bush, CHW, CHWI, MPA, Amy Raines-Milenkov, DrPH. Postnatal Education through a Health Literacy Lens: An evaluation of Access, Understanding, Assimilation and Application. Accepted for presentation at Research Appreciation Day (RAD), UNTHSC, March 27, 2020.

## **Interns**

### **Yamini Penakalapati, TCOM, OMS III, Fall 2023**

Projects: Health Literacy Advocacy, National Event; Maternal Health Symposium

### **Claire Cimino, Summer 2023**

Registered Dietitian; TCU Sports Intern – MEd Preceptor; Educational Leadership & Higher Education

Projects: CHW Clinical Support Skills Module Content; Health Literacy Advocacy Toolkit

### **Alexis Vasquez, Fall 2022-Summer 2023**

UNTHSC School of Public Health – MPH Preceptor

Project: Health Literacy Social Media & Marketing for Awareness & Advocacy

### **Angela Bennett, Spring 2021**

UC Berkeley School of Public Health – MPH Preceptor

Project: Homeless Respite Program Health Literacy Program

### **Doris Hernandez Meza, Spring 2021**

Mexican American and Latino Studies (MALS) Program at UT Austin

Project: North Texas Hospital Website Health Literacy

### **Kaylyn Barret, Fall 2020**

MD Program at UTHSC San Antonio/MPH Program Dual Degree

Project: Clinical Trials 101 for CHWs & Front-Line Health Communicators

### **Cassidy Fought, TCOM – OMS II, Summer 2020**

Pediatric Research Program;

Projects: 1) What About Mom? Teen; 2) Covid-19 Mask Lay Language Presentation

### **Virginia Lowe, TCOM, OMS III, Summer 2019**

Independent Study in Health Literacy, Project: Is Your WebLitLegit? Teen & Child

### **Daniel Saravia, Summer 2019**

NIH BUILD PODER Scholar; Texas Center for Health Disparities SMART Program;

### **and Amit Aggarwal, TCOM – OMS II, Summer 2019**

Pediatric Research Program

#### **Poster Presentations:**

- 1) Daniel Saravia, Amit Aggarwal, TCOM - OMS II, **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**. "Postpartum Depression: A Psychosocial and Health Literacy Perspective." Accepted for poster presentation at Society for Advancement of Chicanos/Hispanics & Native Americans in Science Conference, Honolulu, HI; October 31, 2019.
- 2) Daniel Saravia, Amit Aggarwal, TCOM - OMS II, **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**. "Postpartum Depression: A Psychosocial and Health Literacy Perspective." Accepted for presentation at Research Appreciation Day (RAD), UNTHSC, March 27, 2020.
- 3) Daniel Saravia, Amit Aggarwal, TCOM - OMS II, **Teresa Wagner, DrPH, MS, CPH, RD/LD, CHWI**. "Postpartum Depression: A Psychosocial and Health Literacy Perspective." Accepted for presentation at JPS Research Day, Fort Worth, TX; June 5, 2020.

### **Scientific Blogs and Articles**

Wagner, Teresa. (June, 2023). How CHWs Improve Equity Through Health Literacy. *IHA Health Literacy Solutions Center*. <https://www.healthliteracysolutions.org/blogs/iha-staff/2023/05/24/how-chws-improve-equity-through-health-literacy>

Baumblatt, Geri Lynn & **Wagner, Teresa**. (March, 2022). Going Legit: Sorting "Truth vs. Trash" in Online Health Information. *Health IT Today*. <https://www.healthcareittoday.com/2022/03/03/going-legit-sorting-truth-vs-trash-in-online-health-information/>

**Wagner, Teresa**. (June, 2021). Healthy Food Plants the Seed for Health Equity. *SaferCare Texas Blog*. <https://www.safercaretexas.org/healthy-food-plants-the-seed-for-health-equity/>

**Wagner, Teresa**. (March, 2020). Feel Great While You Self-Isolate. *SaferCare Texas Blog*. <https://www.safercaretexas.org/feel-great-while-you-self-isolate/>

Baumblatt, Geri Lynn & **Wagner, Teresa**. (September, 2019). When Gaps Become Sinkholes. *Association for Patient Experience*. [https://www.patient-experience.org/Resources/Blogs/DM-Blog/Blogs/September-2019-\(1\)/September-2019](https://www.patient-experience.org/Resources/Blogs/DM-Blog/Blogs/September-2019-(1)/September-2019)

Gaviola, Marian & **Wagner, Teresa**. (December, 2018). Medicine: Are you taking what you think you are taking? *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/medicine-are-you-taking-what-you-think-youre-taking/>

Fernando, Shane & **Wagner, Teresa**. (June, 2018). HPV: Protecting the Fathers and Families of Tomorrow. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/protecting-the-fathers-and-families-of-tomorrow/>

Raines-Milenkov, Amy & **Wagner, Teresa**. (May, 2018). Losing Texas Mothers: Maternal Mortality in the Lone Star State. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/losing-texas-mothers-maternal-mortality-in-the-lone-star-state/>



**Wagner, Teresa & Whitney Mollenhauer.** (March, 2018). Fighting Food Insecurity During National Nutrition Month. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/fighting-food-insecurity-during-national-nutrition-month/>

**Wagner, Teresa.** (January, 2018). Alzheimer's Disease: Her Mind Went Traveling. *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/mind-went-traveling/>

**Wagner, Teresa.** (October, 2017). October is Health Literacy Month: Do You Hear What I Hear? *UNT Health Science Center, School of Public Health*. <https://www.unthsc.edu/school-of-public-health/october-health-literacy-month-hear-hear/>

**Wagner, Teresa.** (2006-2011). Multiple Article Placements. *Texas Family Physician Magazine*. <https://www.tafp.org/Search?q=teresa+wagner&culture=en-US>

## Recent Media Interviews & Stories

**UNTHSC Newsroom. SPH houses community health worker training center.** [https://www.unthsc.edu/newsroom/story/sph-houses-community-health-worker-training-center/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](https://www.unthsc.edu/newsroom/story/sph-houses-community-health-worker-training-center/?utm_campaign=daily_news_email&utm_source=email)

**UNTHSC Newsroom. 2023 wellness symposium: "Whole Health for Self-Wealth".** [https://www.unthsc.edu/newsroom/story/2023-wellness-symposium-whole-health-for-self-wealth/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](https://www.unthsc.edu/newsroom/story/2023-wellness-symposium-whole-health-for-self-wealth/?utm_campaign=daily_news_email&utm_source=email)

**Fort Worth Report. Explainer: Language Matters: UNT Health Science Center Pushes for Improved Health Literacy to Solve the Opioid Crisis.** <https://fortworthreport.org/2023/08/08/language-matters-unt-health-science-center-pushes-for-improved-health-literacy-to-solve-opioid-crisis/>

**American College of Lifestyle Medicine: How a Texas High School Student Created The First Lifestyle Medicine Microcredential For Teens.** <https://lifestylemedicine.org/articles/lifestyle-medicine-microcredential-for-teens/>  
Fall 2023.

- **NBC 5: Free online course teaches healthy lifestyle to teens.** <https://www.nbcdfw.com/news/health/free-online-course-teaches-healthy-lifestyle-to-teens/3310314/>  
Fall 2023.
- **NBC News: UNT Health Science Center offers first-ever lifestyle medicine course for teens** <https://www.nbcdfw.com/news/local/unt-health-science-center-offers-first-ever-lifestyle-medicine-course-for-teens/3310444/>

**Fort Worth Report. Explainer: Training at UNT HSC Prepares Officials from across Tarrant County to take on Emergency Events.** <https://fortworthreport.org/2023/07/06/training-at-unt-hsc-prepares-officials-from-across-tarrant-county-to-take-on-emergency-events/>  
Summer 2023.

**UNTHSC Newsroom. SaferCare Texas takes Students to IHI Patient Safety Congress.** [https://www.unthsc.edu/newsroom/story/safercare-texas-takes-students-to-ihp-patient-safety-congress/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](https://www.unthsc.edu/newsroom/story/safercare-texas-takes-students-to-ihp-patient-safety-congress/?utm_campaign=daily_news_email&utm_source=email)  
Summer 2023.

**UNTHSC Newsroom. Ensuring Moms Safety: Why Maternal Mental Health Matters** [https://www.unthsc.edu/newsroom/story/ensuring-moms-safety-why-maternal-mental-health-matters/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](https://www.unthsc.edu/newsroom/story/ensuring-moms-safety-why-maternal-mental-health-matters/?utm_campaign=daily_news_email&utm_source=email)  
Summer 2023.

**Spectrum News.** Texans learn how to keep victims from bleeding out. Spring 2023. <https://spectrumlocalnews.com/tx/dallas-fort-worth/news/2023/04/26/texans-learn-how-to-keep-victims-from-bleeding-out->

**CBS 11.** DEA Warns about New Drug. Spring 2023. <https://www.cbsnews.com/texas/news/dea-warns-about-a-new-drug-mixed-with-fentanyl-xylazine/>

**Dallas Morning News.** UNTHSC Hosts Narcan Training. Spring 2023. <https://www.dallasnews.com/video/2023/02/21/unt-health-science-center-hosts-narcan-training-amid-fentanyl-related-deaths-in-north-texas/>

**CBS 11.** [UNTHSC Trains Students How to Use Narcan.](#) Spring 2023.

**1080 KRLD.** [UNTHSC Hosts Workshop on Narcan Use.](#) Spring 2023.

**NBC 5.** [Training Offered Across North Texas to Fight Fentanyl.](#) Spring 2023.

**CBS 11.** [Narcan Could be Readily Available Soon.](#) Spring 2023.

**UNTHSC Newsroom.** SaferCare Texas brings Healthcare to Rural Texas. [https://www.unthsc.edu/newsroom/story/safercare-texas-brings-health-care-to-rural-texas/?utm\\_campaign=daily\\_news\\_email&utm\\_source=email](https://www.unthsc.edu/newsroom/story/safercare-texas-brings-health-care-to-rural-texas/?utm_campaign=daily_news_email&utm_source=email)  
Spring 2023.

**Helen Osborne's "Health Literacy Out Loud." Podcast Guest on Wellness and Health Literacy.** <https://www.healthliteracyoutloud.com/2022/12/01/wellness-and-health-literacy-hl02-230/>. Winter 2022.

**UNTHSC Newsroom.** [SaferCare Texas, Asthma 411 and other leaders propose legislation benefiting Texas students.](#) Fall 2022.

**UNTHSC Newsroom.** [Teresa Wagner selected as part of first AIM-AHEAD Leadership Fellowship Cohort.](#) Fall 2022.

**UNTHSC Newsroom.** [How HSC Helped train a Community health worker to serve her community.](#) Fall 2022.

**Fort Worth Inc:** [UNT Health Science Center Staffer Receives Grant.](#) Spring 2022.

**PT PintCast:** [Diabetes Self-Management.](#) Spring 2022.

**Fort Worth Report. Explainer:** [Just that friendly bunch': Community health workers address health disparities close to home.](#) Fall 2021.

**Fort Worth Report. Explainer:** [Here's what we know and don't know about ivermectin, the deworming drug some people are taking for COVID-19.](#) Fall 2021.

**NBC Channel 5 News. (National affiliates picked up story.)** [North Texas Researchers Develop 'What About Mom' App to Help New Mothers;](#) Summer 2021.

**Austin American Statesman.** [It's time for a health literacy law in Texas;](#) Summer 2021.

**UNTHSC Newsroom.** [HSC partnership with rural Texas hospital boosts health literacy and cultural humility;](#) Summer 2021.

**UNTHSC Newsroom.** [Health literacy and HSC, building the foundation for healthy people across all communities;](#) Summer 2021.

**UNTHSC Newsroom.** ['What About Mom?' e-health program expands to support new teen mothers;](#) Summer 2021.

**Dallas Morning News,** [Here's how North Texas counties plan to overcome COVID-19 vaccine hesitancy and reach herd immunity;](#) Spring 2021.

**WFAA Channel 8 News.** [Many Latino and Black Communities in North Texas have lower rates of vaccine registration;](#) Spring 2021.

**UNTHSC Newsroom.** HSC on Covid-19: Healthy eating habits; Spring 2020.  
<https://www.youtube.com/watch?v=5ByPJCh15iM>

**UNTHSC Newsroom.** Maternal Mental Health Matters; Spring 2020.  
<https://youtu.be/hr3lkqKDHmM>

**UNTHSC Newsroom.** [Wagner Named Distinguished Alumna by TCU;](#) Spring 2020.

**Solutions Magazine.** [Judging the legitimacy of health information online;](#) Spring 2020.

**UNTHSC Newsroom.** [New Moms - Stress & Anxiety During Covid-19;](#) Spring 2020.

**Fort Worth Star Telegram.** [Too many women are dying after childbirth, especially in Fort Worth.](#) Spring 2020

**Fort Worth Star Telegram.** [Experts urge people to avoid grocery stores at the beginning of the month. Here's why.](#) Spring 2020.

**Solutions Magazine.** (October 2019). [Multiple Articles about my Work.](#) (Helping New Moms p. 16-17, Health Literacy Can Save Lives p. 24-29, Health Literacy p. 37).

**Spectrum Local News.** [Texas Wellness Experts Focus on Health Literacy,](#) San Antonio; Fall 2019.