



# So... You're a Chief Resident... What Does That Mean?

1

## Our speakers



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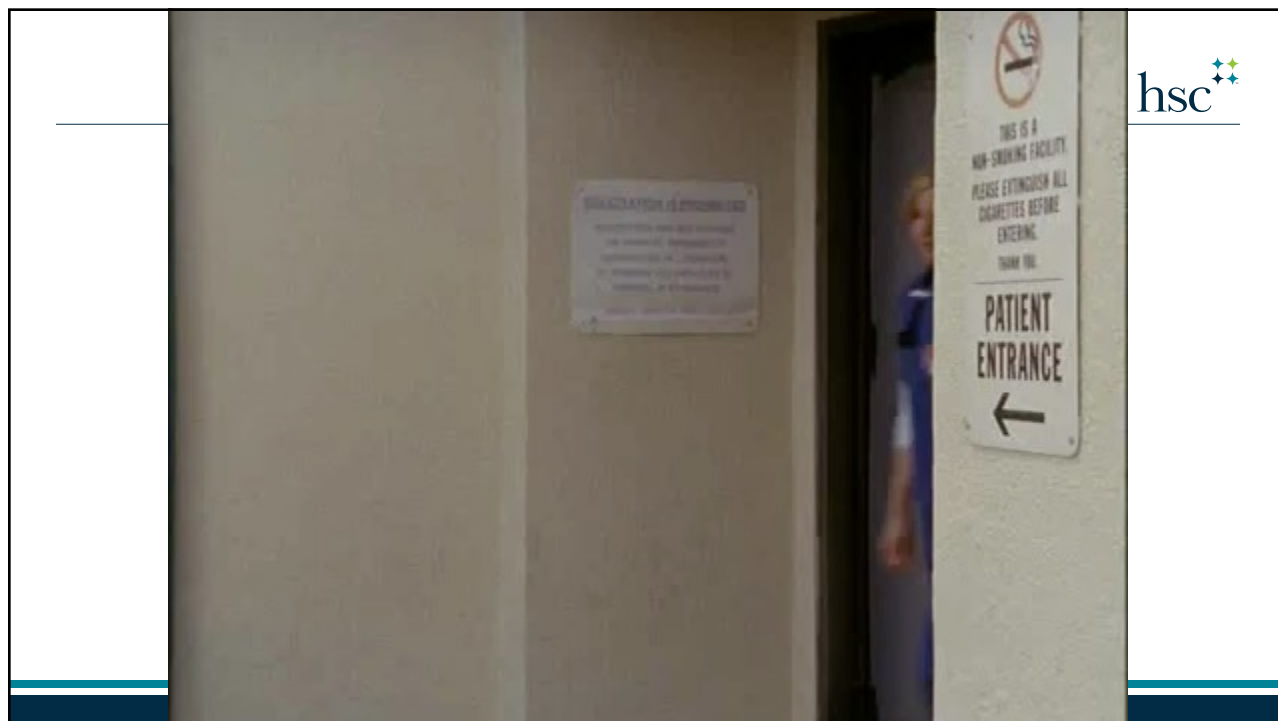
2

## Breakout tables



- **Sit at different tables from your program colleagues.**
- **Actively participate in the discussion.**
- **Choose a reporter. You will be scanning a QR Code and writing your words as you talk.**

3



4



# Let's ask ChatGPT

7

## Think about this...

- Why did you become a Chief Resident?
- What is important to you?
- What will be your legacy?



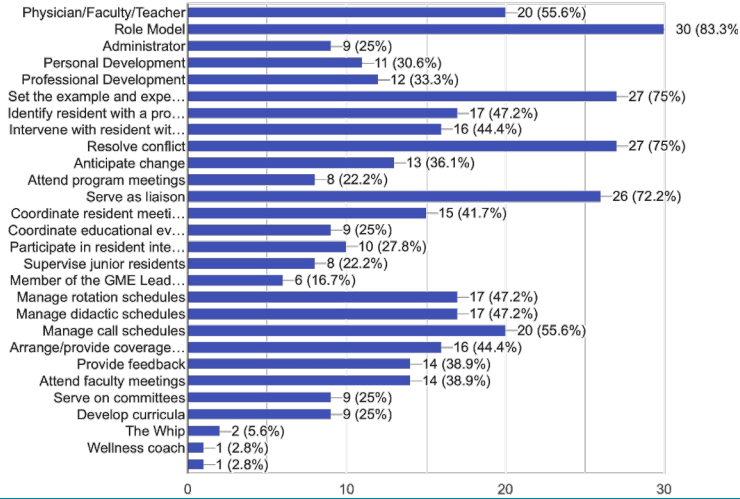
8

## Poll: Most important tasks



Choose all the checkboxes of what you think are the most important tasks as a Chief Resident.

36 responses



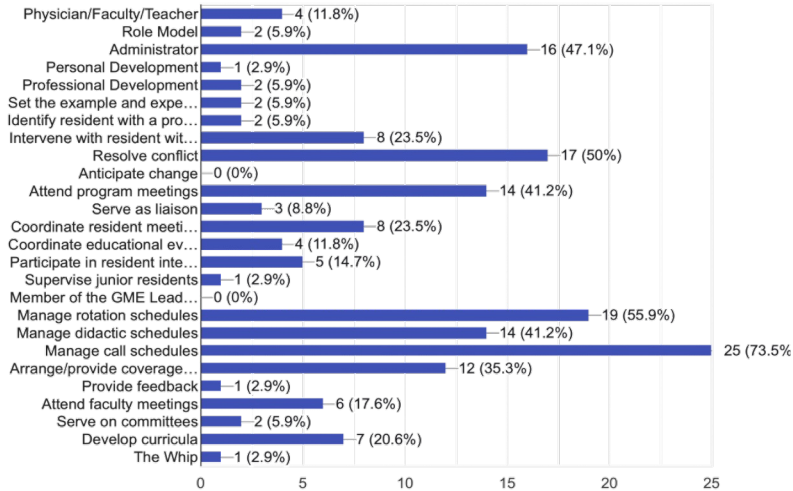
9

## Poll: Tasks that take most time



Choose up to 5 tasks that you think take most time.

34 responses



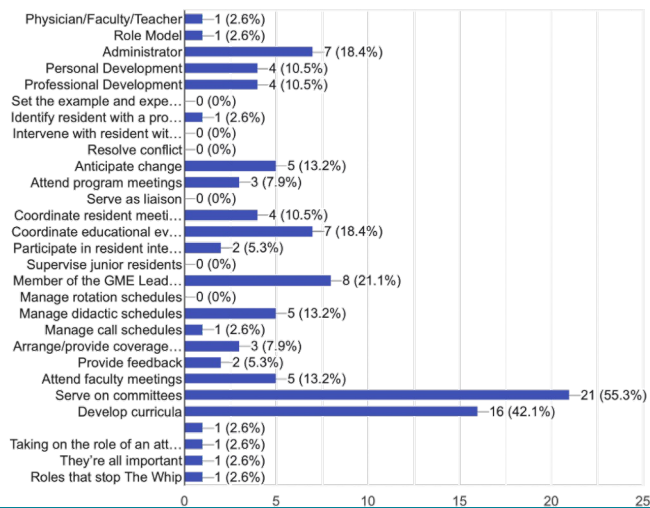
10

## Poll: Least important tasks



Choose up to 5 tasks that you think are the least important.

38 responses



11



# Perspectives Expectations of the Chief

12

## Traits of Leaders



### The Big 6

- Honesty
  - Integrity
  - Responsibility
  - Inspiration
  - Adaptable
  - Empathetic
- Needs to know:
    - Emotional Intelligence
    - How to set limits
    - When to ask for help
    - Time management skills
  - Needs to have:
    - Excellent communication skills
    - Patience
    - Adaptability to change

13

## Notes From a Blog



- *You **can't say "yes" to every request** no matter how good of friends you are or how much you respect the faculty member.*
- *The necessity of **keeping a real calendar** of daily meetings (because now you do more than take care of patients).*
- *How to tackle never-ending **exploding inboxes** (and if you've never felt popular by email, no worries, as a CMR, you will be TOO popular).*
- *What it's like to have **free time** and scheduling flexibility (you actually have time to work out at normal hours)!*

Posted by Rachna Rawal on Apr 25, 2019 10:21 PM America/New\_York, <https://connect.hospitalmedicine.org/blogs/116/27>

14

## Let's go back to the first questions



- **Why did you become a Chief Resident?**
- **What is important to you?**
- **What will be your legacy?**

15

## You're not alone in this journey...



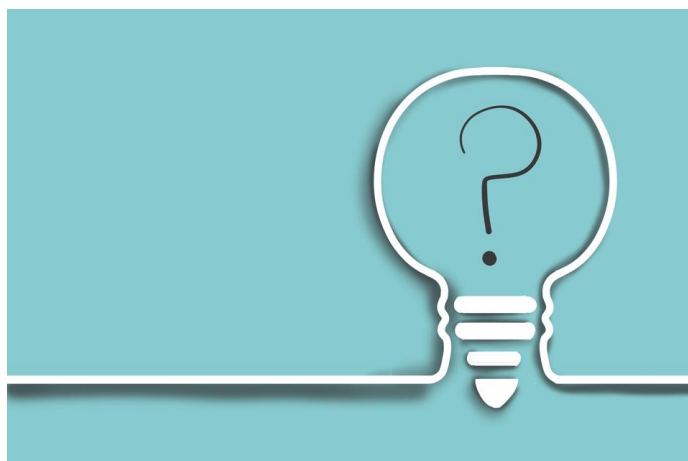
- **Remember to rely on your Coordinator, PD, Co-Chiefs (if you have some), and Faculty**
- **Maintain that open communication with your PD and Coordinator and be on the same page on really important matters and rules**
- **Be honest with your leadership team**

***\*\*Remember to take care of yourself too!\*\****

16



# Questions?



17



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18